

HOOSIER UPLANDS

Economic Development Corporation



2016

Annual Report

“People Helping People Since 1966”



Hoosier Uplands



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Hoosier Uplands

Economic Development Corporation

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Persons with hearing/speech disabilities please call Frontier's TRS at (800) 743-3333
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All services provided by Hoosier Uplands are provided without regard to sex, race, color, age, religion, national origin, ancestry, sexual orientation, gender identity (or expression), disability or veteran status.

Corporate Mission Statement

Our mission is to plan, implement or cause to be implemented, and provide comprehensive services to the poor, elderly, and disabled.

This corporation will strive to alleviate poverty, improve living conditions, and provide access to health care and social services to those families and individuals in need within the service area.

All our endeavors will be pursued with the client in mind, never forgetting the value of every human being or the importance of our responsibility to the public which we serve.



On December 20, 2016, the Annual Community Services Award was acknowledged and presented by CEO, David L. Miller. Also, acknowledged was the retirement award for Board member, Maxine Parks – Martin County for serving 17 years on the Hoosier Uplands Board of Directors.

Pictured left to right is Martha Fields, Board Chairperson – Lawrence County. Community Services Award recipient, Suzanne Brown - Martin County David L. Miller, Chief Executive Officer

2016

Corporate Message



Message from the Board of Directors

As 2016 draws to an end, we are able to look back and see that our agency has had another successful year. The Mitchell Opera House entertained nearly 6,000 people at 62 events, including movies, musical shows and even old time radio productions.

We are excited that Hoosier Uplands has been awarded the funding to begin the Loogootee Eagle Place Apartment project in 2017. The HOME funds granted total \$2,288,000.00.

2016 has been a year of activity for Hoosier Uplands in our Community Development and Improvement Program. The agency constructed a new park and playground in Mitchell, added a new playground in Shoals and helped make new sidewalks possible in Orleans. In 2017, Hoosier Uplands will team with the Department of Natural Resources on a project to restore a cabin linked to the American Red Cross and Clara Barton. The cabin will be restored at the Pine Hill shelter area at Spring Mill State Park.

The Board of Directors of Hoosier Uplands is proud to work with a staff of dedicated, resourceful professionals to help communities and citizens of the counties served by the agency. The tireless efforts and dedication of our staff, led by CEO David Miller, continue to be a blessing to the board and to those who are served by Hoosier Uplands.

As the New Year approaches, the Board of Directors of Hoosier Uplands is looking forward to the challenges that lie ahead. May God continue to bless Hoosier Uplands and all of you.



Martha Fields
Acting Chairperson

Message from the Chief Executive Officer

In 2016, we fulfilled our 51st year of service to our area. I am very proud of our dedicated staff and the work they do helping thousands of people in our service area. I am also very proud of our professional Board of Directors and thankful for their support.

In 2016, we continued to provide an excellent array of services from Head Start to Home Health, from Mental Health to Housing and all in between.

This past year we were happy to be able to continue to provide mini grants to various other local agencies in addition to our normal programs and services. In 2016, some organizations we were able to support were the Lawrence County Police, Bedford Girls/Boys Club, English Senior Center, Washington County Sheriff K-9, and the Gus Grissom Boyhood Home, to name a few. Our past success and growth had enabled Hoosier Uplands to support these worthwhile organizations.

In addition to employing some 240 people with payroll in excess of \$ 6.8 million and the services we provide, Hoosier Uplands and its' subsidiaries also supported local government by paying \$127,000.00 in property taxes on many of our apartment projects in 2016. This is just one other way the Hoosier Uplands is important to the counties we serve.

We look forward to another challenging and exciting year in 2017!

David L. Miller
Chief Executive Officer





Area XV Agency on Aging

Aging and Disability Services

The Aging and Disability Services Division of Hoosier Uplands serves those who are facing the loss of independence due to age or disability. The Area XV Agency on Aging provides a diverse range of services to provide for the disabled and elderly residents of Crawford, Lawrence, Orange, and Washington counties.

Service needs vary with each individual. The first point of contact for every inquiry made by or on behalf of an elderly or disabled client is our Aging and Disability Resource Center. The staff will provide information and resources that are available within the communities, conducts the initial intake procedures, and initial eligibility screenings for the individuals needing services.



When clients need additional assistance, the Information & Referral/ Aging and Disability Resource Center will offer Long-Term Support Options Counseling. Options Counseling is an interactive decision-support process whereby consumers, family members and/or significant others are supported in their deliberations to determine appropriate long-term care choices. Also, the Information and Referral/Aging & Disability Resource Center will make referrals to our Case Management staff.

Case Management provides a professional case manager who will set up an appointment for a home visit. The case manager assesses the needs of the client to determine eligibility as well as appropriate services and a funding source to meet the client's needs.

Some of the services available for a homebound client include: home health aide, homemaker, attendant care, respite, adult day care, home delivered meals, transportation, skilled nursing care, durable medical equipment, assistive technology, home modifications and personal emergency response systems. The funding sources allocated to provide these services include: Social Services Block Grant (SSBG), Community and Home Options to Institutional Care for the Elderly and Disabled (CHOICE), Medicaid Waiver and Title III funds. In addition, the Family Caregiver grant funding under Title IIIIE can provide respite for clients over the age of 60, and provide supplemental services such as home delivered meals, homemaker and medical supplies. These services under Title IIIIE are provided on a temporary basis.

There are 13 Senior Center/Congregate Nutrition Sites within the four county area. These sites provide free meals to those age 60 and over.

Legal Services are available to individuals age 60 and over. Services provided include power of attorney, guardianship, wills and general legal advice.

The division also has special events sponsored by Hoosier Uplands. They are designed to assist the elderly and disabled by providing information. Our Information Health and Fun Fair is one of the biggest events. Relevant information and a range of health screenings are available to attendees of this event. Another big event is our Senior Games for people age 50 and over. The division sets aside one day to honor the Nursing Facilities and Group Homes with a day of senior games.

Area XV gives a high priority to bridging the gaps where funds are not available. One such program is Aging Special Services. When funds are available, the program can assist with paying for medications, equipment, rent and other items. The division also has a video library with several videos to loan on health, family caregiving and general information.

State Health Insurance Program (SHIP) counselors help with Medicare Part D and Medicare Fraud. These counselors also help consumers apply for the Extra Help Program, Qualified Medicare Beneficiary (QMB) and any other concerns they have with their Medicare. They are on-site, so they are able to take walk-ins, set up appointments and make home visits.

Human interest and informational articles appealing to senior citizens are published quarterly in "The Golden Age." This publication is distributed in conjunction with the Bedford Times Mail and reaches a readership of over 50,000.

Knowing not all needs of the elderly and disabled are met by services provided by our agency, there are a series of Community Service Guides for Crawford, Lawrence, Martin, Orange, and Washington counties. These are also available on our website: www.hoosieruplands.org.

One of the goals of most of the services provided is to assist individuals to remain as independent as possible in their home environment. There are times individuals need 24 hour care in a nursing facility. The Pre-Admission Screening Program is a federally mandated program that assists families in determining whether or not nursing home placement is appropriate, and if necessary, helps with facilitating the placement.

The Angel Foundation program is in its 14th year. The goal is to grant wishes to terminally ill clients who are 18 years or over and have a projected life span of one year or less.



Shawn Williams
Director of Aging and Disability Services

AgrAbility

The AgrAbility program enables a high quality lifestyle for farmers, ranchers, other agricultural workers, and their families affected by disability. Funded through the USDA, it is managed by Purdue University with Hoosier Uplands contracted to serve southern Indiana. In 2016, the National Training was held in Ft. Collins, Colorado with Hoosier Uplands serving as part of the planning team. Hoosier Uplands responsibilities include working with Purdue Extension, Area Agencies on Aging, Centers for Independent Living, Future Farmers Administration (FFA) Chapters, rehabilitation facilities, clients, and others as needed. AgrAbility's mission is to enhance and protect quality of life and preserve livelihoods.

South Central Indiana Area Health Education Center (AHEC)

The South Central Indiana Area Health Education Center (AHEC) through Hoosier Uplands served a total of 12 counties in south central Indiana during 2016. AHEC's assist in the training of health professionals, recruit students into health professions careers, provide continuing education for health professionals, especially for providers in underserved communities and respond to emerging health issues. A total of 10 mini-grants were funded which provided opportunities for health professionals and students to take part in continuing education programs and community based events in the service area. A total of 42 students were exposed to health careers through summer camps sponsored by AHEC and IU Health Bedford and Paoli Hospitals. Over 350 health professionals received continuing education credits through AHEC sponsored programs.

The Kids into Health Careers Program provided health career information to over 4,200 middle and high school students with a variety of programs. The programs inform students about a variety of health careers and encourage students to seek careers as health professionals.

The Health Care Professional's Training Program places health professions students in rural and underserved sites to increase the number of providers there and to improve the health of the underserved population. One new site was developed in 2016 that train family medicine students, physician assistant, nursing students, respiratory care, pharmacy, physical therapy and occupational therapy students.

Tobacco Prevention and Cessation Commission (TPCC)

Daviess, Knox and Lawrence counties have Tobacco Prevention and Cessation grants through the Indiana State Department of Health. The hard work of the coalitions and program coordinators has resulted in additional businesses, healthcare providers, school districts, and service organizations instituting tobacco-free and cessation systems policies, as well as increased awareness about the dangers of secondhand smoke and other tobacco products like e-cigarettes.



Coalitions in Daviess, Knox and Lawrence counties continued to build coalition support for comprehensive smoke-free air ordinances that would protect more workers from secondhand smoke in workplaces and public places. They also educated community leaders and members about smoke-free home policies in low-income and public multi-unit housing. The Knox County coalition continued to work to try to build support for a comprehensive tobacco-free policy at Vincennes University. The coalition began collecting signatures from those who support a smoke-free air ordinance in Vincennes. The coalition collected 65 signatures at one event.

Outreach was conducted with healthcare clinics, businesses, organizations, public housing administrators, and educational institutions in order to increase coalition partnerships, tobacco cessation, comprehensive policies, and the use of Quitline services throughout the Daviess, Knox, and Lawrence County area. The Smoke Free Washington Coalition reaches out to: 24 Preferred Network members, 84 coalition members and 620 Smoke-Free Washington supporters who signed a petition and/or sent postcards to city councilmen. The Knox County Tobacco Prevention and Cessation Coalition reaches out to: 50 Preferred Network members and 27 coalition members/partners. The Breathe Easy Lawrence County coalition reached out to: 45 Preferred Network members, 95 coalition members and 1,003 Smoke-Free Bedford supporters who signed a petition and/or sent postcards to city councilmen.

Events such as town hall meetings and health fairs have been coordinated in an effort to educate the community and gain support for tobacco free policies. These events have included presentations to the mayors, city council members, insurance representatives, private club members, students, business owners, cessation specialists, health care providers, housing authority boards, educators, and other members from the community. Information and brochures were disseminated throughout the surrounding counties and presentations were given to area businesses, schools and organizations. The "Getting a Head Start on Living Tobacco Free" program was implemented to help reduce the number of children exposed to secondhand smoke at home and help Head Start parents and staff quit tobacco use.

Lawrence County also has a youth-led movement dedicated to exposing the tobacco industry and empowering Hoosier teens to fight back against their deceptive marketing practices. Lawrence County's teens participated in many events such as: Kick Butts Day; World No Tobacco Day; Safe Night; Great American Smoke Out; and hosting school assemblies to encourage their peers to stay away from tobacco.

The Daviess, Knox, and Lawrence County Coalitions strengthened their relationships with healthcare providers by disseminating information and coordinating training events in order to educate healthcare providers regarding motivational interviewing, cessation systems and integration of the Quitline fax referral form into their electronic medical records system and Quit4Life. Trainings, information, and policy change were targeted to reduce the high smoking rate among pregnant women.

Each of these coalitions had an active presence during community events such as the 4-H fair, community festivals, and health fairs. The coalitions use these opportunities to reach out to the community in an effort to educate citizens about the Indiana Tobacco Quitline and gain their support for tobacco free policies.

Michael Edwards
Director of Aging, Health, and Education



Children's Services Division

Head Start

In January of 1964, President Lyndon B. Johnson declared The War on Poverty in his State of the Union speech. Part of the government's thinking on poverty was influenced by new research on the effects of poverty, as well as on the impacts of education. This research indicated an obligation to help disadvantaged groups, compensating for inequality in social or economic conditions.

Shortly after President Johnson's 1964 State of the Union speech, Sargent Shriver took the lead in assembling a panel of experts to develop a comprehensive child development program that would help communities meet the needs of disadvantaged preschool children. Among these experts were Dr. Robert Cooke, a pediatrician at John Hopkins University, and Dr. Edward Zigler, a professor of psychology and director of the Child Study Center at Yale University.

Project Head Start, launched as an eight-week summer program by the Office of Economic Opportunity in 1965, was designed to help break the cycle of poverty by providing preschool children of low-income families with a comprehensive program to meet their emotional, social, health, nutritional, and psychological needs.



Through its 50+ years of existence, the implementation of Head Start services has evolved from that eight week summer program to include a variety of program options. Hoosier Uplands provides Head Start services in part day, full day and home-based options for children in Lawrence, Martin, Orange and Washington counties.

Funding for Head Start is provided through the U.S. Department of Health and Human Services. The funding year for Hoosier Uplands' Head Start grant begins on May 1st and runs through April 30th each year. For the 2016-2017 program year that began on May 1, 2016, Hoosier Uplands received \$1,955,921.00 to provide Head Start services to 287 children and families and \$28,147.00 for training and technical assistance for staff for a total of \$1,984,068.00. In May 2016, the program was notified that supplemental funding was available to provide cost-of-living allowances to staff. Head Start received an additional \$35,207.00 which enabled staff to receive a 2.5% permanent increase in their hourly rate of pay bringing total Head Start funding to \$2,019,275.00. The program must generate a local match for the Head Start grant in the amount of \$504,823.00.

Hoosier Uplands provides both center-based and home-based Head Start services in Lawrence, Martin, Orange and Washington counties. Centers are located in Bedford, Mitchell, Paoli, Salem and Loogootee. During calendar year 2016, Head Start provided services to 559 children, 116 of whom had an Individual Education Plan (IEP).

Realizing that children must be healthy in order to learn, staff places a great deal of importance on ensuring each child receives a physical, dental and vision examination each year. During 2016, 543 of the 559 children served were complete on all required childhood immunizations.

There were many new and exciting developments that took place in Head Start during 2016. On April 25th, the U.S. Department of Health and Human Services released a funding opportunity announcement giving programs the opportunity to apply for funds to increase the duration of Head Start services. This announcement came about as the result of research that documents the strong and lasting impact of high-quality early learning experiences on child outcomes. Hoosier Uplands submitted an application to extend the duration of services for children in its Mitchell and Salem centers and on December 12th the program was notified the application was approved. Start-up funding in the amount of \$53,031.00 was received on December 19th and operational funding for staff salaries will be included in the new grant that will begin on May 1, 2017.

Additionally, the federal government released a complete revision of the Head Start Program Performance Standards on September 6th. This is the first comprehensive revision of the standards since they were originally published in 1975. The updates reflect best practices and the latest research on early childhood development and brain science.

Locally, Head Start children from the Loogootee Head Start Center were invited to WestGate@Crane Technology Park on December 13th to participate in a STEM (Science, Technology, Engineering and Math) event designed exclusively for preschool children.

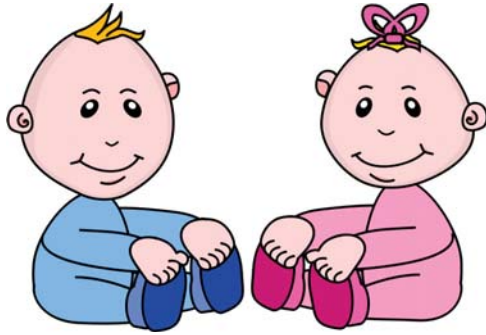


Early Head Start

The Early Head Start program was created in 1994 by an Advisory Committee on Services for Families with Infants and Toddlers formed by the Secretary of Health and Human Services, based on years of research regarding early brain development. The mission of Early Head Start is to promote healthy prenatal outcomes for pregnant women, enhance the development of very young children, and promote nurturing relationships.

In 1999, Hoosier Uplands received the funding necessary to broaden the scope of their early childhood services to include Early Head

Start. At that time the agency was one of only 14 providers of Early Head Start services in the state. Today, there are Early Head Start programs in 53 of Indiana's 92 counties.



Volunteers

Volunteers are critical to the success of both the Head Start and Early Head Start programs. During calendar year 2016, the Head Start and Early Head Start programs logged 56,290 hours of volunteer time provided by 885 volunteers valued at \$821,386.00.

Funding for Early Head Start is also provided through the U.S. Department of Health and Human Services and the grant begins on May 1st and runs through April 30th each year. For the 2016-2017 program year that began on May 1, 2016, Hoosier Uplands received \$736,877.00 to provide Early Head Start services to 76 infants, toddlers and pregnant women and \$18,186.00 for training and technical assistance for staff for a total of \$755,063.00. In May 2016, the program was notified that supplemental funding was available to provide cost-of-living allowances to staff. Early Head Start received an additional \$13,264.00 which enabled staff to receive a 2.5% permanent increase in their hourly rate of pay bringing total Early Head Start funding to \$768,327.00. Early Head Start must generate a local match for the federal dollars in the amount of \$192,082.00.

USDA Child and Adult Care Food Program

Hoosier Uplands continued to serve as a sponsor for the USDA Child and Adult Care Food Program administered through the Indiana Department of Education during 2016. The program provides reimbursement for meals and snacks served to children in the agency's Head Start and after school programs.

During 2016 a total of 91,534 reimbursable meals and snacks were served to an average of 459 children per month during the school year. Reimbursement received during 2016 totaled \$170,948.73.

During calendar year 2016 Early Head Start staff:

- Provided home-based services to 186 infants, toddlers and pregnant women.
- Served 42 children with an Individual Family Service Plan (IFSP).
- Administered 108 Devereaux Early Childhood Assessments to enrolled children.
- Completed 241 Ages and Stages Questionnaires to determine developmental progress.
- Completed 32 Edinburgh Postnatal Depression Scale screenings.
- Provided 103 hearing screenings, 103 vision screenings, and 164 nutrition screenings.



Debbie Beeler

Director of Children's Services



Community Services

The Energy Assistance Program

The Low-Income Home Energy Assistance Program (LIHEAP) Block Grant is a federally funded block grant offered through the U.S. Department of Health and Human Services. The LIHEAP Block Grant funds individual states to assist low-income families with the high cost of their home energy. Since July 1, 2006, the block grant has been administered by the Indiana Housing and Community Development Authority (IHCDA). Throughout Indiana and locally, the program is known as The Energy Assistance Program (EAP). The Hoosier Uplands Energy Assistance Program serves low-income households subject to an energy burden and has outreach offices in Lawrence, Martin, Orange and Washington counties to respond promptly to eligible households with a heating emergency. An income based program, an energy assistance benefit can off-set the high cost of energy for households at or below 150% of the federal poverty guideline. Hoosier Uplands received \$2,656,772.34 to administer the program in 2015-2016.

- 3,791 Households served
- 1,603 Elderly served
- 1,235 Disabled served
- 3,737 Households received Summer Cool benefits
- 7,441 Household members served

The Indiana Home Energy Assistance Program, commonly referred to as "State EAP" is a program through the Attorney General's Office that provided 1,927 homeowners with a \$60.00 benefit towards their heating source as a result of the multi-state mortgage settlement. The 2015-2016 program was funded at \$159,817.73.

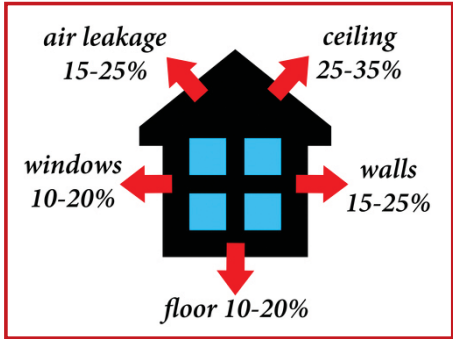


Energy Assistance administered the Duke Helping Hand Program for Duke Energy in Lawrence, Martin, Orange and Washington counties. Hoosier Uplands received \$61,300.00 for the 2015-2016 program year. Duke Energy customers approved for energy assistance were eligible to receive a benefit of \$100.00 - \$300.00 toward their electric service.

Department staff in our Bedford & Salem offices also assisted Jackson County REMC in administering their Share-A Watt Program. Elderly or disabled customers received a \$50.00 electric credit through this program as long as funding allowed.

conservation measures to reduce the utility bills of low income residents of Lawrence, Martin, Orange and Washington counties. The United States Department of Energy (DOE) and the Low Income Home Energy Assistance Program (LIHEAP) allocate funding to IHCDA for distribution to a network of local Community Action Agencies to perform weatherization work.

Eligible Clients receive a comprehensive energy audit unique to each client's home to determine which energy efficiency upgrades will maximize energy savings for the client. Because the work completed on the client's home is funded through the federal government, all audits and energy efficiency upgrades are provided at no cost to the client.



Our 2015-2016 Department of Energy (DOE) Weatherization contract was funded at \$129,729.00. This grant allowed services to be provided to 22 households.

Our Low Income Home Energy Assistance Program (LIHEAP) grant for 2015-2016 was funded at \$456,533.00. We were able to weatherize 28 homes under the capital intensive section of this grant with a total average cost per home of \$11,500.00. In the mechanical section of the grant, we were able to do repairs or replace 21 heating systems at an average cost per home of \$4,500.00.

IHCDA also provided additional funding through a State LIHEAP grant in the amount of \$62,911.00 and these funds paid for 13 additional households. Each sub-grantee had the discretion to allocate 0-100% of their award to the deferral/healthy homes program. This funding helped resolve deferral issues, which may arise during the inspection of the home. That will allow the residence to be weatherized after the deferral issue has been resolved.

In 2015-2016, Indiana Community Action Association provided additional funding through Vectren Share the Warmth Program. Hoosier Uplands received \$18,646.00 of that funding which helped weatherize five households.

This was the third year of our Local Weatherization Initiative. The primary focus of this funding is to overcome obstacles which do not allow us to provide weatherization services or correct issues discovered during the weatherization process which IHCDA considers an allowable measure of cost. During 2016, one household received assistance with the program cost of \$10,145.00.

All Weatherization staff and contractors who audit or work within our client's homes must complete a certification and continuing education requirement which assures that qualified people are working within these homes.

Robin Grissom
Director of Energy Assistance

Weatherization

Hoosier Uplands continued to contract with the Indiana Housing and Community Development Authority (IHCDA) to provide energy

JR Robling
Director of Weatherization

Community Development and Improvement Program

In 2016, our Community Development and Improvement Program (CDIP) had multiple projects in many different communities. One of the largest projects was the development of a community park on the east side of Mitchell. The property used to be a large run-down trailer park. Hoosier Uplands acquired the property a couple of years ago, demolished the trailer park, and it sat as a beautiful green space the past couple of years. The space has been transformed into a public park for families to enjoy together. The property now houses a basketball court, a shelter house, a playground, and a soccer field. The playground and the park are entirely handicapped accessible. The Mitchell Unity Park opened on July 16, 2016 with an open house for the community.

Another program in Mitchell included a small grant to the Virgil Grissom Boyhood Home for front porch repairs. In Orleans, a grant was provided to help with sidewalk projects. Spring Mill State Park was provided funding for its restoration of the 1870 Red Cross Cabin. Once restored, the cabin will be used for things such as: weddings, company outings, and family events.

In Shoals, funding was provided to update and renovate their local park. This project will provide new playground equipment as well as other updates and enhancements to the park and should be completed in early 2017. In Salem, the program has partnered with the Washington County Economic Growth Partnership and the Washington County YMCA for grant applications for upcoming projects in 2017.

David L. Miller
Chief Executive Officer

Martin County Health Department

The Health Department performs various functions within the county. These include, but are not limited to: maintaining and retrieving vital health information; reviewing and approving septic system installations; sanitary engineering functions; follow-up on public health complaints, animal bites, and communicable diseases; lead screenings; immunizations for adults and children; food inspections; and to serve as a resource for health information in the community.



Funding for the Martin County Health Department include county funding, Indiana State Department of Health Local Health Maintenance funding, and Indiana Local Health Department Trust Account funding.

During 2016, 352 birth and death certificates were issued, four home births were recorded and 50 home deaths were recorded. The public requested 88 genealogy searches with 39 reports issued as a result of these searches. There were 14 residential sewage disposal system applications and 20 soil scientist reports were received in 2016 with 11 septic permits being issued. A total of 11 installations were completed. Five dye tests were conducted on existing systems. A total of seven investigations were completed on existing systems. There were 56 food establishments inspected. During weekly clinics and special events, 558 patients were immunized.

Martin County WIC Department

The Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) is a program that provides nutrition and health education, breastfeeding support, referrals to health and social services, and an EBT card to buy healthy foods free of charge to Indiana families who qualify. WIC nutrition staff meet with each WIC participant to review nutrition and health behaviors, provide individual nutrition advice, support families making changes for better health, and offers a selection of healthy foods. In August 2016, Martin County WIC staff received training and transferred all client benefits to the EBT system in place of checks that clients used to receive.

In 2016, there were 1,062 WIC appointments as well as 55 hemoglobin tests and 334 WIC certifications completed for women, infants, and children in Martin County.



Alyssa Prince
Chief Strategy Officer





Community Housing Development

Community Housing Development

Hoosier Uplands has been a designated Community Housing Development Organization (CHDO) since 1993. As a CHDO, we must include in our services the provision of decent and affordable housing to low and moderate income households. Our service area includes Crawford, Lawrence, Orange, Martin, and Washington counties. They have recently changed the way you apply to be awarded this designation to applying only when submitting an application for a HOME funds award. We received our designation again in 2016.

Our goal is to provide a living environment that is safe, adaptable, and comfortable, increasing the probability that everyone can remain independent in their homes as life circumstances change. The department works diligently to keep pace with ever changing funding sources and regulations to meet the needs of their clients.

In 2016, we fully leased our newest property Stonecutters Place Apartments, our 55 and older senior property located at 1030 16th St in Bedford.

We spent 2016 working on an owner occupied rehabilitation grant in Orange and Washington counties, servicing eight homes with \$250,000.00 in Orange County and 10 homes with \$350,000.00 in Washington County. Those will continue until late February, 2017. We will begin evaluating waiting lists to apply for more grants in the summer of 2017.

The implementation of our Voyager software system has now been completed and all properties will begin using this new technology starting January 1st! This is very exciting and will help ensure more accurate compliance, reporting, and free up time for other tasks. With so many complexes there are always projects underway.

The housing staff attended the Affordable Housing Conference in Indianapolis in November and received training on hot compliance issues, as well as fair housing, landlord tenant law, and drug issues. Our Director continues her education keeping her certifications of Licensed Indiana Real Estate Broker and National Compliance Professional current. She also serves on the National Council for Affordable Rural Housing Board as Education Chair and the Indiana Affordable Housing Association as Past President.



Natalie Wells
Director of Community & Housing Development





Family Services

Hoosier Uplands Budget Counseling Program has offered assistance to hundreds of families over the years. This money management program is a free service that assists persons of any income by offering cost cutting suggestions, developing spending plans and assisting with basic credit information. This program is supported in part by contributions from some area financial institutions.



Hoosier Uplands offers HUD Housing Counseling to residents of Lawrence, Orange, Martin and Washington counties. Housing counseling is a free service that assists individuals with many types of housing issues such as: housing selection, money management, fair housing, mortgage default/delinquency/foreclosure, pre-purchase/pre-rental counseling, loss mitigation and renter assistance. There were 72 families who received housing counseling services in 2016.

Hoosier Uplands worked with the Indiana Foreclosure Prevention Network through July of 2016. This network referred homeowners to Hoosier Uplands for free foreclosure counseling and education. The goal of the program is to lower foreclosure rates in Indiana and give families information to make the right decisions concerning their housing needs. There were 116 referrals to this program through July 2016, of these referrals 38 families were eligible for Hardest Hit Program and 33 families actually received funding. This program assists qualified participants with mortgage reinstatement and/or monthly payment assistance. The remaining referrals were to the IFPN and Making Home Affordable Programs which enabled us to work directly with lenders on behalf of participants.

Section 8 Housing/Choice Voucher Program

The Section 8 Housing Choice Voucher Program, which is HUD funded, assists low-income tenants with acquiring and paying for a better place to live. All types of rental housing, including single homes, apartments, duplexes, low-rise and mobile homes may qualify for this program. The units must be located in Lawrence (excluding Bedford City limits and a two-mile radius), Orange, Washington, Martin, Daviess, Greene (excluding Linton, Bloomfield and Jasonville city limits), Dubois and Pike counties. A unit does not become part of the HCVP until a certified family requests to reside in the unit, the unit meets the program standards and a contract is written.

Initial applications are taken by staff persons, and placed on a waiting list that is maintained by Hoosier Uplands. When eligibility is completed, the tenant is given a voucher that states Section 8 will be assisting them with a portion of the rent. Eligible tenants will not pay more than 40% of their adjusted monthly gross income toward rent (including utilities) and the remaining portion is paid directly to the owner by Hoosier

Uplands. Once on the program the family must comply with the lease and program requirements. The owner must provide decent, safe and sanitary housing at a reasonable rent. The dwelling must pass the housing standards of the program and be maintained to those standards as long as the owner receives housing assistance payments. Hoosier Uplands ended 2016 with 401 active Section 8 participants.

Amy Hopper
Director of Housing and Family Services

Hoosier Uplands Scholarship Program

The Hoosier Uplands Scholarship Program was initiated in 1993 by the Hoosier Uplands Board of Directors to promote post-secondary education in the social services, health, and education fields and to be awarded to students who exhibit a financial need. It is offered to one graduating senior from each high school in the five county area we serve. Those counties are Crawford, Lawrence, Martin, Orange, and Washington.



The selection of each student is made by each school's scholarship committee which consists of school staff, or the school's community foundation which is business men or women within the community.

Applications are available from the high school guidance counselors, and must be returned to them by their given deadlines.

As of Fall 2016, Hoosier Uplands presented 198 graduating students with scholarship awards amounting to \$261,150.00. To date, the amount of the scholarship is \$1,300.00 per student.

2016 marked the 24th year of the Hoosier Uplands Scholarship program.



2016 Hoosier Uplands Scholarship Winners

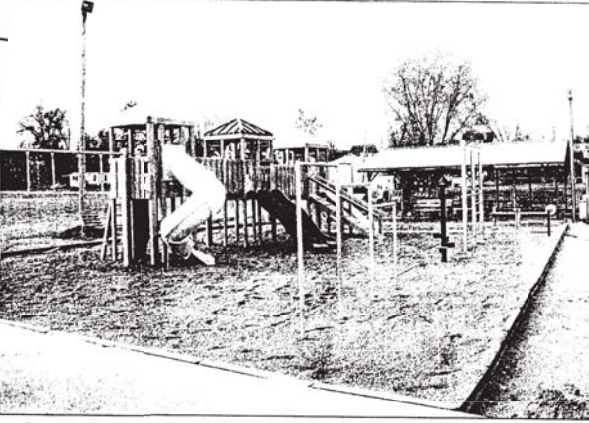
Row 1: Emily Cox-Crawford County High School, Madison McNeely-Mitchell High School and Mason Deaton-Paoli High School. Row 2: Olivia Jenkins-Orleans High School, Kirsten Davenport-West Washington High School, Taylor Alexander-Salem High School, Tyler White-Springs Valley High School and Jacob Lewis-Eastern High School. Not Pictured: Aedan Anderson-Bedford North Lawrence High School, Alexis Willis-Loogootee High School and Britney Cooper-Shoals High School

Ginger Knight
*Director of Administrative Services
Coordinator of Scholarship Program*

Celebrating a community centerpiece

Mitchell Opera House marks 1st anniversary
BY KRISTAL SHETLER

Mitchell — More than 3,400 people have walked through the doors of the Mitchell Opera House since the historic venue reopened a year ago. The celebration of the house's first anniversary is being held on Saturday, July 2, at 10 a.m. in the lobby of the house.



Mitchell — The renovated Mitchell Opera House has hosted 31 events and welcomed 3,400 visitors since reopening a year ago.

The house's reopening was a major event for the community. It was a project that involved a lot of hard work and dedication. The house is now a vibrant part of the town's cultural life.

Hoosier Uplands Community Development and Improvement Program Donates Funds For New Playground Equipment

It's just Thanksgiving week, but Christmas came early for the children of the Shoals community as a new playground project was finished last week at the Shoals Community Ball Park. The new playground, as well as additional work at the park which will be done next Spring, was funded through the Hoosier Uplands Community Development and Improvement Program.

The new playground equipment was installed last week by four employees of Funstons Playground, a Cincinnati, Ohio. The cost, according to Town Council member Cliff Hoffmann, who was responsible for working to obtain the funds, was \$33,000. The remainder of the money was spent in the Spring to refurbish the basketball courts at the park, and also pave all of the parking areas. This is a much needed improvement for Shoals. "Thank You" to Hoosier Uplands for the funding and cooperation.

Hoosier Uplands Hospice named a 2016 Hospice Honors recipient.

Hoosier Uplands Hospice employees pictured are Dr. Luke Moseman, Diane Reynolds, RN, Lee Grimes, Hospice Volunteer Coordinator, Martina Wilcoxon, LPN, Phyllis Morris, RN, Lee Sanders, RN and Patty Robertson, BSW.



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Eagle Place Apartments scrapped

The Orleans Town Council learned last week that the town has scrapped the Eagle Place Apartments project. The project was located on the corner of Washington Street and State Road 37. It was a multi-story apartment complex that was never built.

The town council decided to cancel the project because it was not in the town's best interests. The project would have cost a lot of money and would have caused a lot of disruption to the community. The town council is looking for other ways to improve the town and its infrastructure.

Strengthening families

Early Head Start teaches parents, works with babies. The program is designed to help parents learn how to take care of their babies and to help their babies learn how to interact with others. It is a very important program for young children and their families.

The program is run by the local school district and is open to all young children and their families. It provides a safe and supportive environment for children to learn and grow. Parents are encouraged to participate in the program and to work with the staff to help their children succeed.

Hoosier Hometown Live

Hoosier Hometown Live, a radio variety show, will be broadcast on the Mitchell Opera House on Friday, Feb. 5, at 7 p.m. The show features local musicians and performers and is a great way to enjoy live music in a beautiful setting.

The show is hosted by Gary Spear and Mark Hometown Live. It features a variety of musical acts and is a great way to enjoy live music in a beautiful setting. The show is broadcast on the Mitchell Opera House and is a great way to enjoy live music in a beautiful setting.

Volunteers coming together to grow community garden

Volunteers hope their plan to create a community garden in Mitchell will cultivate more than vegetables. The garden will be a place where people can come together and work on a common project. It will be a great way to improve the community and to enjoy fresh produce.

The garden will be located in a vacant lot in the town of Mitchell. It will be a place where people can come together and work on a common project. It will be a great way to improve the community and to enjoy fresh produce. The garden will be a place where people can come together and work on a common project.

A seed of an idea

The idea is to fill in with 4-foot by 16-foot beds. Crushed gravel will be put around the beds. People with disabilities will be able to access the beds. The garden will be a place where people can come together and work on a common project.

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THE PROGRESS EXAMINER

Orange County's Most Progressive Newspaper

Town Gets Funds For New Sidewalks

The Orleans Town Council learned last week that the town has received \$30,000 from Hoosier Uplands to use for new sidewalks, leading off the town square. The council decided at the meeting on Thursday evening to add a maximum of \$10,000 to the Hoosier Uplands funds for the sidewalk project. The sidewalks chosen will be at the town council's discretion. The town itself has not done sidewalk work for many years.

Hoosier Uplands receives FL grant funds

Indianapolis — First Lady Karen Pence hosted the eighth reception for grant recipients of the Indiana First Lady's Charitable Foundation at the Governor's Residence today, where she awarded \$38,000 to 40 organizations across the state. There, she also awarded the fourth and final major grant of \$95,000 to the Art Therapy Program at Riley Hospital for Children.

"When Mike was elected Governor, I was overwhelmed with requests from so many worthy organizations to get involved in their efforts. However, it quickly became clear that I couldn't be at every event, nor could I champion every cause. That is why I, along with a team of dedicated board members, started to shine a light on the organizations across the state as a way to support our communities and make our state a better place to live."

Whether helping a child develop a love for reading or supporting families in need or encouraging a child to go further in the arts, these organizations are the backbone and heart of our communities. They represent the very best of what it means to be a Hoosier, and we thank them for their service."

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INDIANA ECONOMIC DIGITAL

THURSDAY, OCTOBER 20, 2016

Hoosier Uplands sponsors projects to improve communities in five counties

Mitchell — A little patch here, a playground over there, says David Miller, chief executive officer of Hoosier Uplands. He says the organization can create a lot of community projects. The organization has been successful in securing grants to improve communities in five counties.

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WBIV.com News - Local
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Lawrence County Sheriff's Dept
Lifesaver
Last updated on Friday, March 4, 2016
(BEDFORD) - Sheriff Mike Branham and the Lawrence County Sheriff's Dept are providing a service for people with cognitive conditions and the families it...
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Strengthening families
Hoosier Hometown Live
Volunteers coming together to grow community garden
A seed of an idea
Hoosier Uplands Hospice named a 2016 Hospice Honors recipient.
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Volunteers coming together to grow community garden
A seed of an idea



Health Care Services

"Not All Home Care and Hospice Agencies are Created Equal"

Hoosier Uplands Home Health Care and Hospice continues to be accredited through CHAP the Community Health Accreditation Partner. A CHAP accredited organization meets the highest quality standards in the nation.



Hoosier Uplands Home Health Care and Hospice were once again voted the #1 Home Health/Hospice agencies in the Times-Mail Newspapers Readers Choice Awards. Melissa Jeremiah stated, "We are glad that people ask for Hoosier Uplands Home Health and Hospice, when they are asked what agency they prefer..."

Home Health Care and Hospice are vital services, especially in the rural areas which we serve. Services provided by the home care staff can prevent or shorten a hospital or skilled nursing facility stay. Home health promotes independent living and speeds the rehabilitation and recovery process by allowing a person to recuperate in their familiar home surroundings.

Hospice supports the client and family as they face the last stages of life, by offering symptom management and family togetherness.



*Therapy Department:
1st Row: Karen Marsh,
Rhonda Voorhies,
Audra Gerkin and
Amy Helming
Back Row: Robert van der Kleij
and Stephanie Drury*



*Home Health/Hospice Nurses: Seated: Judi Taylor, Jackie Carley,
Mary Eckensberger, Lydia Gorbett and Vanessa Lumley
Standing: Marsha Benson, Debbie Fessel, Diane Reynolds,
Martina Wilcoxon, Pam Hobson and Annette Gilliland*



Melissa Jeremiah, RN, CHCE, Director of Operations, serves on the IAHC Board of Directors, as Past President. She is also the Co-Chair of the Education Committee and was named the Southern Region Representative. She was re-appointed to the NAHC VHCAA Advisory Board and elected to the NAHC Board of Directors Nominating Committee.



Jacquie Clark, Office Manager and Vanessa Lumley, Plan of Care Review LPN were recognized for 25 years of service.



To the Right: Karen Marsh, PTA, was honored for 15 years of service.



To the Right: Marie Cole, HHA Scheduler was the recipient of the Charlotte Braman Award.



Jackie Carley, LPN was the recipient of the Jennifer Hacker Award.



*Home Health/Hospice Aides: Seated: Betty Stone, JoAnn Shaw,
Rhea Dawn McClintock and Patricia Gibson Standing: Susan Sharp,
Nicole Smith, Christina Stiles, Mary Young, Mary Ann Knight and
Michelle Longest*



*Home Health/Hospice Office Staff: Seated: Marie Cole, Mandi Dersch,
Melissa Jeremiah, Michelle Shipman, Lee Wright and Vanessa Lumley
Standing: Lori Williams, Cheryl Boone, JoDeana McNabb,
Shawna McDonald, Lee Grimes, Jacquie Clark and Carol Sanders*

"The Choice of Hoosier Uplands Families for Generations"

Home Health Care

Home Health staff provided 29,275 skilled care visits to patients. Skilled services are provided by Registered Nurses, Licensed Practical Nurses, Home Health Aides, Social Workers, Physical Therapists, Physical Therapy Assistants, Occupational Therapists and Speech Therapists.

Have you heard what our patients and their loved ones are saying about Hoosier Uplands Home Health Care?

"Everything HUHCD has done for me has been first rate, top drawer and very professional. I highly recommend their services."

"All people that come over to the house are very nice to my wife and her cats as well. They take very good care of her and respect her very much."

"These nurses are the best! Treating a person as a whole, providing much mental, and emotional support, exactly what nursing is: an art."

"The Hoosier Uplands providers are doing excellent work. As a team of providers, I would salute them."

"I very much appreciated my Home Health Care. It made it so much easier for my husband and I as he didn't have to take me somewhere. I feel like my therapists did not push me harder than I could do, but made sure I met my goals. I feel very lucky to have gotten such good care."

Client Maintenance

The Client Maintenance program provided 9,194 hours of service. Services include Home Health Aide Visits; and Home Health Aide and LPN Respite Care.

Health Care Division

Home Health & Hospice received a contribution from the Trustee of the Edgar & Roberta Mulzer Foundation.

Hospice received charitable contributions from the Washington County Community Foundation and the Paoli Mennonite Fellowship.

Hospice

HOSPICE
HONORS

Hoosier Uplands Hospice was recently named a 2016 Hospice Honors recipient.

Hospice Honors is a prestigious, annual honor recognizing the hospices that continuously provide the highest level of quality as measured from the caregiver's point of view.

Hospice field staff provided support to 89 families. Services are provided by Registered Nurses, Licensed Practical Nurses, Hospice Aides, Social Workers and other auxiliary services. Hospice also provides spiritual, volunteer, bereavement support and dietary counseling.

Medicare requires Hospice have at least five percent of its patient care/office hours provided by volunteers. Volunteers donated 385 hours, which is six percent, for a savings to Hoosier Uplands Hospice of \$17,104.00.

Bereavement support is offered up to 12 months following patient's death to the patients loved ones. This support may include a series of bereavement letters, phone contact, visits, an annual memorial service and other information and referral as requested. There were 59 bereavement families followed.



WE HONOR VETERANS

Congratulations to the Hoosier Uplands Hospice team who recently earned their Level 4 We Honor Veterans accreditation.

Level 4 accreditation shows Hoosier Uplands Hospice increases access and improves quality of care for Veterans in the communities we serve.

Hoosier Uplands Hospice is one of only 10 Level 4 organizations in the state of IN; which is the highest rank available.

Have you heard what our patients and their loved ones are saying about Hoosier Uplands Hospice?

"Hospice Care in helping my husband to remain at home was what made his passing more bearable for me. He was terrified of having to go to the hospital, the nursing home or have more surgeries, but he wasn't afraid to die here and that was what hospice allowed him to do. To die with dignity as he had lived."

"They were kind, always caring, friendly, considerate. I would give them an A plus. I want to say thank you for that. They were needed, because I had never been through something like that."

"I would like to thank the entire staff for making my brothers final days so much more comfortable. I was always able to talk with all of you, pray with you. I pray now God continues to bless this wonderful group of ladies and gentlemen who make up the Hospice Team."

Melissa Jeremiah, RN, CHCE
Director of Operations

JoDeana McNabb
Director of Accounting Services/Home Health & Hospice



Strategic Development

Baby & Me: Tobacco Free- Orange County

The Baby & Me: Tobacco Free (BMTF) program at Hoosier Uplands began July 2015 as the result of a two year grant from the Indiana State Department of Health, Division of Maternal and Child Health. The BMTF program is an evidence-based, national program designed to encourage and assist pregnant women and their families to stop using tobacco products. The program coordinator meets with pregnant mothers and a qualifying partner four times throughout the pregnancy to provide cessation counseling. For each tobacco-free, post-delivery month for up to a year, the mother and partner each receive a voucher for \$25.00 worth of diapers as an incentive to remain tobacco-free. Participant's referrals are received from the Women, Infant, and Children (WIC) offices in Orange County, as well as IU Health Paoli Hospital and their physicians. In 2016, we expanded the program to include Washington County, Martin County, and Crawford County. In 2016, the State also added the opportunity for two vouchers prior to delivery if smoke-free by the third prenatal session.

Since the program began, a total of 75 referrals have been received and 42 active participants who have either started their sessions or still have time before estimated delivery date. Three mothers are in the postpartum phase of the program and receiving vouchers. A total of 11 participants in the prenatal phase have quit smoking and six of them have started receiving vouchers.

Before and After School Services

The 21st Century Community Learning Centers (CCLC) Afterschool Program continues to serve children in the Burriss, Fayetteville, Hatfield, Springs Valley and West Washington elementary schools. In 2016, the program served 239 children in grades Kindergarten through 6th grade. This is an increase of 28 children from 2015.

The daily schedule includes a nutritious snack which includes fresh fruits, vegetables, dairy and whole grain items which are approved by the United States Department of Agriculture (USDA). Monday through Thursday, students have 30 minutes of homework or academic enrichment time. At least once a week, during this time, students work in the computer lab on the MyOn reading program. Following homework, students spend 15 minutes reading during Literacy time. The program continues to focus on literacy and working to improve our students' reading levels. Following literacy time, the program has a 45 minute block of enrichment activities which include science, character development, crafts, service projects and monthly club activities. Clubs give students a chance to participate in various activities during the school year such as cooking, crime investigation, physical and health based activities. Fridays are considered Fun Fridays because the day is more relaxed where students can play games, listen to a guest speaker, watch a movie, or participate in a holiday celebration. The goal of the 21st CCLC program is to provide a variety of educational and enrichment learning activities to be provided in a fun learning environment.



Hoosier Uplands and the Orleans Elementary School have collaborated again to offer a paid after school program for those who desire after school care. Designed similar to the 21st CCLC afterschool program, students are engaged in academic activities which includes homework help, are provided a nutritious snack, and students participate in interactive play during the program hours. For 2016, we have served 43 students at the Orleans After School program. The SAFER morning program at Burriss and Hatfield Elementary schools is a paid program that provides students with before school child care. The program starts at 6:30 a.m. and goes until the beginning of the school day. In 2016, the program served a total of 13 students.



CHAT (Choices Helping Abstinent Teens)

Choices Helping Abstinent Teens (CHAT) is an abstinence education program that encourages youth to practice abstinence to protect themselves from the consequences of engaging in sexual activities. The evidence-based curriculum "Making A Difference" is used to implement the program and illustrates that abstaining from sex can lead teens to develop a sense of pride and self-respect. It also teaches participants to make responsible decisions, to respect themselves as well as others, and the importance of developing a positive self-image. The curriculum also educates the participants on how to get out of high-risk situations, how to set physical limits, and the appropriate negotiation and refusal skills necessary to communicate abstinence.

In 2016, the CHAT program was taught in six schools throughout the year during health classes with a total of 907 students served. Of students served, 85% of the students reported that the program increased their knowledge on the consequences of teen pregnancy. Also, 94% of the students reported that the program increased their knowledge of attaining self-sufficiency before engaging in sexual activities.

GROW (General Recovery Outreach Workshops)

The GROW program is a free relapse prevention program for community members suffering from substance abuse and addiction. Many times, individuals who suffer from addiction, lack the basic life and job skills necessary to be a productive member of society, and the GROW program helps them with those skills. The GROW program had nine active participants in 2016. The program coordinator assisted clients with a wide range of barriers they faced as they worked to rebuild their lives after addiction and involvement with the criminal justice system. The program coordinator met some clients on an as needed basis and some weekly, depending on the level of assistance needed.

One client success story was referred to the program in August 2016. This client had recently been released from a prison term for criminal behavior associated with heroin addiction. The client had lost custody of their children and had been on the run for almost a year before going to prison. The client voluntarily completed a rigorous treatment program while in prison and wanted a better life when getting out. With help of the program, the client was able gain full-time employment in a stable office setting and has started having regular contact with their children. The program coordinator meets with the client on a weekly basis to provide additional recovery support and help to talk through any issues that arise during daily life.



Internship Program

The Hoosier Uplands Internship Program is designed to build youth in our communities and give students a career experience to help them prepare for their futures. In the summer of 2016, Hoosier Uplands hosted three students for the Internship Program, all with different schooling backgrounds and interests. The students' schooling consisted of one in nursing school, one in public health, and a returning student of the program who is in school for Social Work. Each student was able to work on programs related to their field of study and interests, to help them further their future careers. The Public Health student was completing her degree with her internship and ended with her getting hired on full-time at the completion of her education.



Opera House

In 2016, the Mitchell Opera House completed its first full year of business after being renovated and re-opened in July of 2015. The historic venue was built in 1906 and was County Hall when it first opened. In 1908, the building became an Opera House and hosted Vaudeville acts, first run movies and more until 1930 when it closed and became a storage facility for fire trucks and equipment. It became the "Teen Canteen" in the 1950s and City Hall from the 1960s until 1981. At that point, the Hartzell family took the initiative to restore the venue and make it an Opera House once again. The venue re-opened in 1985 and hosted occasional shows until it closed in 2012.

After the closure in 2012, the Opera House began restoration in the fall of 2014 and 256 days later, re-opened on the 4th of July! The venue has since hosted regular Saturday night shows and various other events. In 2016, the venue hosted a total of 62 events including movies, plays, theatre camps, movies, and more.

Safe Night

Hoosier Uplands hosted the 16th annual Safe Night event on June 11, 2016 at the Lawrence County Fairgrounds. Safe Night provides a free evening of fun for local families while also providing alcohol, tobacco, and other drug prevention messaging. Approximately 3,000 people attended the 2016 event. The event continues to be free for all attendees thanks to the overwhelming support of the community. Approximately 54 local businesses and organizations participated by having booths that provided families with prevention messages and fun activities. Another 50 plus businesses and organizations provided either monetary or in-kind donations to the event. The total number of volunteer hours for this year's event was 1,800. Safe Night not only provides prevention information, but also informs youth caregivers about current drug trends and how to talk to their children about these topics.

Safe Sleep

In 2016, Hoosier Uplands began implementing the Indiana Safe Sleep Program in Crawford, Lawrence, Martin, Orange, and Washington counties. The Indiana State Department of Health, in collaboration with the Department of Children's Services and a partnership with the Cribs for Kids National Infant Safe Sleep Initiative, implements a statewide program that provides education and infant survival kits to infant caregivers and families. The survival kits contain one infant Pack 'n Play portable crib, fitted sheet with imprinted safe sleep messaging, a wearable blanket, a pacifier, and safe sleep recommendations for those in need and at risk. In 2016, Hoosier Uplands distributed 50 cribs to local families in need of a safe place for their child to sleep.



Alyssa Prince
Chief Strategy Officer



Serenity Now Psychiatric & Counseling Clinic

Serenity Now has continued to see numerous patients within our locality, having provided services for 1,020 patients this year. Of these, 507 were new patients. Serenity Now providers completed almost 9,700 individual and group visits.

Serenity Now Psychiatric and Counseling Services has also seen many changes over the 2016 year.

Kaitlin Pickett, MS, LMHCA, NCC joined the practice as a full time therapist in May, 2016. Kaitlin has a Master’s Degree in Counseling and Counseling Education from Indiana University. She has experience working with children, adolescents, and adults to provide a safe place to work through personal issues including anger management, depression, suicidal thoughts, parenting, self-image, relational problems, stress, and anxiety. Kaitlin specializes in working with children using play therapy techniques. Her addition allowed for a smooth transition subsequent to the departure of Maria Burks, LMHC who resigned in June 2016 from part-time duties at Serenity Now to focus on her own private practice. We continue to pursue hiring additional therapists, specifically LCSW’s. Currently there remains a lack of these practitioners in the area which Serenity Now is moving to fill.



Carrie Long, MSN, PMHNP-BC joined the practice in July, 2016. Carrie received her Master’s Degree in Nursing from Indiana University-Purdue University Indianapolis. Carrie is an Advanced Practice Registered Nurse and a Board Certified Psychiatric Mental Health Nurse Practitioner. Carrie has 12 years of experience as a Labor and Delivery nurse that cared for adolescent and adult women with various psychiatric disorders, substance use disorders, and complicated grief for those that experienced loss.

Kaitlin and Carrie are both valuable additions to the practice, expanding services provided, and dedicated to providing the highest quality of care to those seeking psychiatric services to promote healing and well-being.



We were sad to accept the resignation of Operations Director, Michelle Emmons, LCSW in November. Michelle’s dedication and experience will be greatly missed. However, this is offset by our excitement in the recruitment of Nichole Krahenbuhl, BSN who took the position as Clinic Manager in November, 2016. Nichole was previously a Program Coordinator in the Strategic Development and Special Projects Department facilitating outreach programs for clients struggling with addiction and substance abuse disorders, Baby & Me: Tobacco Free, and Safe Night. She is also the Victim Advocate for the Lawrence County Domestic Violence Problem Solving Court. She will continue this role in addition to her Clinic Manager duties.

We continue to maintain a partnership with ResCare and TSI serving their clients who have developmental disabilities. The services are provided onsite at Serenity Now and include medication management as well as assistance from the therapists in addressing the emotional and behavioral problems that occur in this patient population.

Serenity Now has partnered with the Hoosier Uplands’ Children’s Services Department to provide counseling support and education to Head Start staff, parents, and students. Kaitlin Pickett is available to discuss concerns via the telephone twice per month and completes on-site visits quarterly. During the on-site visits she is available for counseling services, questions, and provides a short presentation on different topics selected by the site coordinators. Kaitlin’s experience working with children makes her an excellent therapist to fulfill this role.



Randy Bugh, LMHC, LCAC provided training to Hoosier Uplands’ staff about “Addiction, Intervention, and Treatment Modalities” at the Mitchell Opera House. This training was to assist Hoosier Uplands’ employees as they work with the community to identify signs of substance abuse, where to refer clients, and general education about addiction. Addiction is an epidemic affecting everyone in the communities we serve in one way or another. Randy is a Licensed Clinical Addictions Counselor with many years of experience working with those suffering from substance abuse disorders.

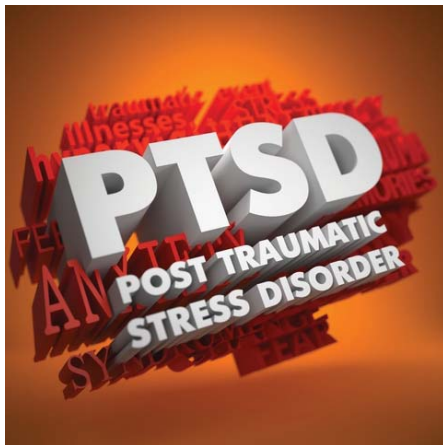
Tom Trent, LCSW provided 2 trainings to Hoosier Uplands Home Health and Hospice staff in Mitchell and Paoli. The topic covered was, “Recognizing Depression in the Elderly”. He spoke on various symptoms of depression and how they manifest in older persons, for instance how the elderly will often exhibit physical complaints when they are depressed. Tom also provided a training

Serenity Now Psychiatric & Counseling Clinic

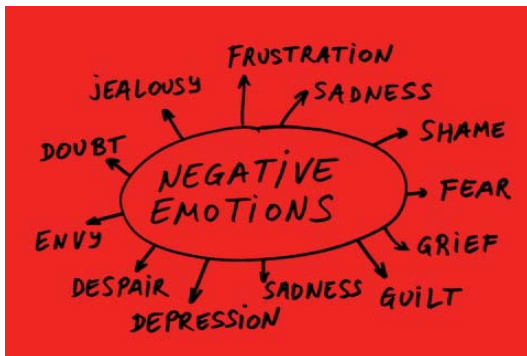


to Head Start staff regarding how to handle children with difficult behaviors.

Michael Dockery, LMFT and Cara Williams, LCSW have continued to offer EMDR and are accepting referrals for this specialized therapy. EMDR is a trauma-focused, evidence based therapy approach that has been successfully used to treat many types of psychological distress. While most commonly associated with Post-Traumatic Stress Disorder, EMDR has also been used promisingly to treat anxiety and panic, addictions, depression, anger, phobias, problems with sleep, grief, and low self-esteem. EMDR has been found to be effective with soldiers coming back from the war who experience distress from their deployment.



We partner with IU School of Education to provide their counseling students an opportunity to learn in their chosen field. Randy Bugh, LMHC, LCAC is currently working with two students and Tom Trent, LCSW will begin working with a student intern in 2017.



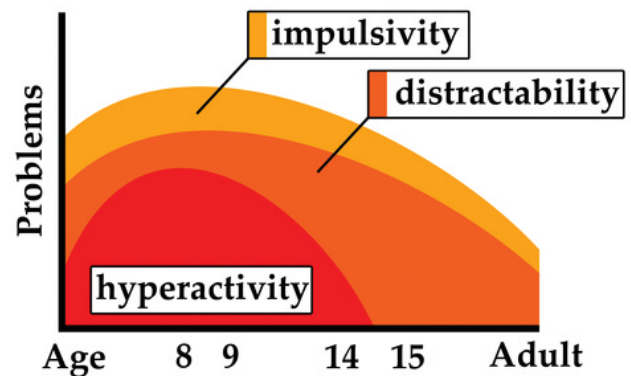
Serenity Now continues to provide after-hours appointments for individuals and families for counseling and medication management services.

Serenity Now was recertified by the State of Indiana Family and Social Services Administration Division of Mental Health and Addiction for "Addiction Services Provider Outpatient Certification". We completed our Medicare revalidation in 2016. This allows us to bill Medicare as a group practice as well as individually. Serenity Now continues to work with our electronic medical record vendor to meet the ongoing governmental requirements for meaningful use.

We, at Serenity Now, are excited about the many opportunities we are working on presently. We are looking to expand partnerships with therapists in private practice as well as with primary care providers in order to provide psychiatric medication management for their clients. We are also pursuing becoming a certified Recovery Works provider. Recovery Works is a state funded program to provide a wide range of services to individuals involved in the criminal justice system. This is being provided by the state government in an effort to decrease the chances that a person will commit a new crime by supporting the individual's psychiatric and substance abuse treatment.

We hope for these and other opportunities to further strengthen Serenity Now and look forward to continuing to serve the psychiatric needs of the community in 2017.

Attention Deficit Hyperactivity Disorder (ADHD)



John Eckard, MD
Clinic Director/Psychiatrist



Total Agency Funding for 2016

Community Services Funding

LIHEAP Energy Assistance	2,656,772.00
LIHEAP Weatherization	456,533.00
Indiana Weatherization	62,911.00
Dept of Energy Weatherization	168,353.00
Community Services Block Grant *	292,199.00
Vectron Share the Warmth	18,646.00
Duke Helping Hand Program	57,200.00
Rental Income Various Properties	2,318,581.00
HUD Housing Counseling	21,549.00
IHCDA Foreclosure & Hardest Hit Funds	19,699.00
Section 8 Housing	1,979,707.00
Eagle Place Apts. Project HOME	2,238,000.00
CHDO Operating	50,000.00

SUBTOTAL \$10,340,150.00 46%

Area Agency on Aging Funding

FSSA Older Americans Act	606,448.00
FSSA Older Hoosier Funds	38,506.00
FSSA CHOICE Program	717,902.00
Case Management Services	533,800.00
Medicaid Admin/Intake	35,736.00
FSSA Social Services Block Grant	198,568.00
NSIP Food Program	40,857.00
SHIP Counseling	9,374.00
ADRC	55,737.00
Senior Games & Angel Foundation	6,840.00

SUBTOTAL \$2,243,768.00 10%

Children's Services Funding

Head Start & Early Head Start	2,840,633.00
USDA Food Program	170,978.00
21st Century Learning	240,750.00
Local Programs Parent Fees	22,325.00

SUBTOTAL \$3,274,686.00 15%



David L. Miller
Chief Executive Officer

Health Care Related Funding

Home Health Care & Hospice	4,185,053.00
Martin County Health Department	79,189.00
Choices Helping Abstinent Teens	75,313.00
ISDH WIC Martin County	82,275.00
ISDH TB Contracts	189,638.00
Ind Tobacco Prevention & Cessation	142,000.00
Purdue Agrability Grant	51,350.00
Area Health Education Center	313,950.00
IU School of Medicine Student Placement	18,000.00
Serenity Now Psychiatric & Counseling	742,647.00
HCET CHAT Program	90,000.00
Safe Night Donations & Sponsors	8,110.00
Baby and Me Tobacco Free	54,758.00

SUBTOTAL \$6,032,283.00 27%

Miscellaneous Funding

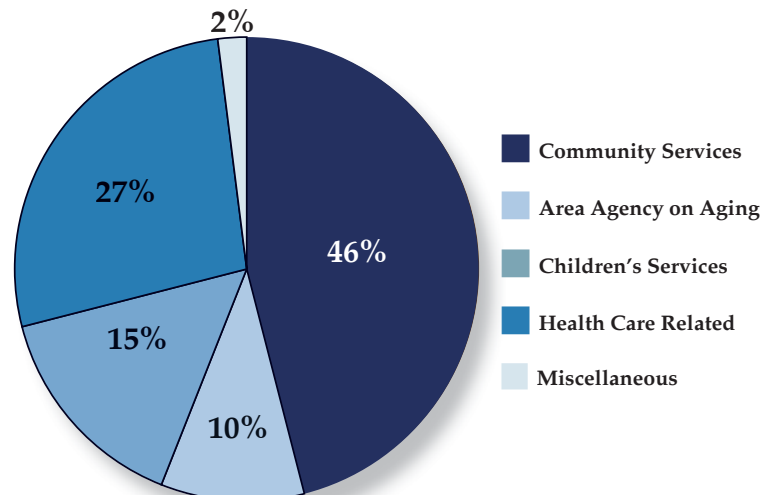
Information Technology Department	19,853.00
Lawrence Co Coordinating Council	7,300.00
Miscellaneous Cash Donations	20,002.00
Mitchell Opera House Operations	79,249.00
Local Mini Grants Awarded	31,479.00
Community Development & Improvement	252,240.00
Lawrence County Econ Growth Council	5,000.00
General Motors Foundation	5,000.00
Hoosier Uplands Scholarship Program	16,500.00

SUBTOTAL \$436,623.00 2%

GRAND TOTAL \$22,327,510.00

*Includes carry over funds
Does not include "In-Kind" **100%**

2016 Agency Funding Profile (by service)



Members of the Board - 2016



Representing Crawford County

Mary Alice Brown, Low-Income Sector
(*alternate*)
Sharon Mitchell, Low-Income Sector
(*Treasurer*)
Billy Joe Walker, Low-Income Sector
Marolyn Holzbog, Private Sector
Bill Mitchell, Private Sector
Angela Crecelius, Public Sector
Mary Stutzman, Public Sector

Representing Lawrence County

Sara Luallen, Low-Income Sector
Angela Turpin, Low-Income Sector
Martha Fields, Private Sector
(*Chairperson*)
Greg Taylor, Private Sector
Charlotte Speer, Public Sector
James Oswald, Public Sector

Representing Martin County

Suzanne Brown, Low-Income Sector
Gerald Montgomery, Low-Income Sector
Herman Campbell, Low-Income Sector
(*Alternate*)
Janie Johnson, Private Sector
Rosalee Wininger, Private Sector
Vicky Bauernfiend, Public Sector
Don Bowling, Public Sector

Representing Orange County

Robert Jones, Low-Income Sector
Maxine Parks, Low-Income Sector
David Dedrick, Private Sector
Reita Nicholson, Private Sector (*Secretary*)
Richard Beaty, Public Sector
Jim Mathers, Public Sector
Marietta Hager, Public Sector (*Alternate*)

Representing Washington County

Karan Jones, Low-Income Sector
Ava Kinney, Low-Income Sector (*Alternate*)
Louis Korff, Low-Income Sector
Lisa Crane, Private Sector
Ronnie Pennington, Private Sector
(*Vice Chairman*)
Jack Mahuron, Public Sector
Frank Sullivan, Public Sector

Local Support is an integral part of Hoosier Uplands' success. Your donations of cash or volunteer work are much needed and appreciated.

To contribute to any of Hoosier Uplands' programs contact:
David L. Miller,
Chief Executive Officer

Thank you.

Policy Advisory Councils

Aging and Disability Advisory Council

Lisa Crane
Marietta Hager- Vice Chairman
Lynn Jeffers
Eileene Lambdin
Jan Newlin- Chairman
Janice Nickeo
Betty Rainey
Mary Stutzman

Head Start and Early Head Start Policy Council

Representing the Bedford Center—Terri Braun
Representing the Loogootee Center—Jessica Sheetz
Representing the Mitchell Center—John Robbins and Sarah Blanton
Representing the Paoli Center—Shanna Robbins
Representing the Salem Center—Kathy Clouse and Andrea Smith
Representing Early Head Start—Desiray Strother and Kimberly Sowder
Representing the Community:
Vicky Schlegel—Lawrence County
Mayor Noel Harty—Martin County
Gerdena Stroud—Orange County
Katelyn Kutemeier—Washington County
Representing the Board of Directors:
Marietta Hager
Angela Turpin

Hoosier Uplands Home Health Care (HUHHC) Professional Advisory Committee (PAC)

Board Planning Committee

Richard Beaty
Janet Harrison
Maxine Parks

Community Members

Julia Albright, RN, Martin County Health Department

HUEDC Employees

David Miller, HUEDC CEO
Carol Sanders, RN, PAC Facilitator
Dr. Luke Mosemann, HUHHC Medical Advisor
Melissa Jeremiah, RN, CHCE, Director of Operations
Robert van der Kleij, PT, Therapy Services Supervisor





Agency Staff Recognized

With 10 years or more of service

Congratulations!

43 Years

Margaret Staggs

41 Years

Ola Faye Hammond

36 Years

Debbie Coleman

29 Years

David Miller
Trudy Wells

28 Years

Cindy Bailey
Debbie Beeler
Suzanne Coleman
Chris Johnson
Debbie Terry

27 Years

Cindy Bradley
Ginger Knight

26 Years

Annette Gilliland
Debbie King
Kris Mathews
Jenni Snow

25 Years

Jacquie Clark
Dale Hoffman
Vanessa Lumley

24 Years

Zada Marie Cole

23 Years

Cheryl Boone
Karen Cooper
Pamela Doane
Irene Ervin
Amy Hopper

22 Years

JoDeana McNabb
Angelia Owens

21 Years

Diane Budd
Donna Skeen
Mary Young

20 Years

Addie Datish

19 Years

Jody Manning

18 Years

Glenda Duncan

17 Years

Melissa Jeremiah
Patricia Robbins
Linda Self
Linda Tarr
Natalie Wells

16 Years

Marsha Benson
Debbie Guthrie
Alverta Hart
Michelle Diane Short

15 Years

Julia Albright
Kim Hall
Jill Jones
Karen Marsh

14 Years

Amy Alcorn
Jody Brewer
Jan Cooper

14 Years CONT.

Connie Griego
David Larrison
Pam Oakley

13 Years

Maria Banks
Brandon Hall
Shawna McDonald
Theresa Pate
Deanna Porter

12 Years

Jackie Carley
Michael Edwards
Linda Fisher
Karianne Hopkins
Rusti McBride
Jennifer Rutherford

11 Years

Joanie Evans
Amber McBride
Betty Stone
Robert vander Kleij
Rhonda Voorhies
Barbara Weber-White
Lori Williams

10 Years

Robin Grissom
Angelica Hackler
Debra Smith
Angela Stewart

2016

Hoosier Uplands Facilities



Bedford Office/Head Start Center

710 6th Street • Bedford, IN 47421
(812) 279-0412 Outreach Office
(812) 275-0052 Head Start
(812) 279-1891 Fax

Community Services Office

521 West Main Street • Mitchell, IN 47446
(812) 849-4457
(800) 333-2451 Toll Free
(812) 849-4467 Fax

Early Head Start Office

502 W. Warren Street • Mitchell, IN 47446
(812) 849-5446
(800) 276-2242 Toll Free
(812) 849-3611 Fax

Loogootee Head Start

401 South Oak Street • Loogootee, IN 47553
(812) 295-4700 (also used as fax)

Mitchell Administrative Office

500 West Main Street • Mitchell, IN 47446
(812) 849-4447
(800) 827-2219 Toll Free
(812) 849-6785 Fax (Administration)
(812) 849-0627 Fax (Children's Services)
(812) 849-3068 Fax (Housing & Family Services)
(812) 849-0547 Fax (Home Health)
(812) 849-0547 Fax (Hospice)
(812) 849-6974 Fax (Strategic Development)

Mitchell Head Start Center

1240 Orchard Street • Mitchell, IN 47446
(812) 849-4448

Mitchell Opera House

217 N 7th Street • Mitchell, IN 47446
(812) 849-4447

Paoli Head Start Center

414 W. Longest Street • Paoli, IN 47454
(812) 723-3687 • (812) 723-4633 Fax

Paoli Hoosier Uplands

Energy Assistance Office

200 S. W. Court Street, Suite 3 • Paoli, IN 47454
(812) 723-4607
(800) 893-4191 Toll Free
(812) 723-3496 Fax

Salem Hoosier Uplands Office/Head Start Center

902 S. Aspen Drive • Salem, IN 47167
(812) 883-5368
(800) 487-8890 Toll Free
(812) 883-8085 Fax

Serenity Now Psychiatric & Counseling Services Clinic

2125 16th Street • Bedford, IN 47421
(812) 275-4053 • (812) 275-5494 Fax

Shoals Office

Martin County Health Department
Corner of Second & Main Street
P.O. Box 716 • Shoals, IN 47581-9998
(812) 247-3303 • (812) 247-2009 Fax

APARTMENT PROJECTS

Aspen Meadows/Salem

1017 Aspen Drive • Salem, IN 47167
(812) 896-1543

College Hill Apartments/Paoli

College Hill • Paoli, IN 47454
(812) 723-0838

Larkin Apartments/Loogootee

103 Public Square • Loogootee, IN 47553
(800) 487-8890

Lost River Place Apartments I & II/Orleans

6402 N. Vance Street • Orleans, IN 47452
(812) 865-3653

Midtown Suites Apartments/Mitchell

122 N. 6th Street • Mitchell, IN 47446
(812) 849-4639

New Horizon Apartments/Salem

905 Aspen Drive, Suite 105 • Salem, IN 47167
(812) 883-3306

Persimmon Park Apartments/Mitchell

406 Wade Street • Mitchell, IN 47446
(812) 849-4639

Phoenix on the Square Apartments/Paoli

200 West Court Street • Paoli, IN 47454
(812) 723-0838

Pioneer Creek Apartments/Mitchell

100 Pioneer Creek Lane • Mitchell, IN 47446
(812) 849-1414

Shawnee Apartments/Bedford

100 Shawnee Lane • Bedford, IN 47421
(812) 275-8314

Spring Town Apartments/Marengo

144 S. Main Street • Marengo, IN 47140
(812) 365-9120

Stalker Apartments/Bedford

1429 8th Street, Suite 100 • Bedford, IN 47421
(812) 277-8562

Stonecutters Place Apartments/Bedford

1030 16th Street, Bedford, IN 47421
(812) 275-5205

Taylor Apartments/Campbellsburg

133 State Road 60 • Campbellsburg, IN 47108
(812) 755-4010



Special Thanks

2016 Hospice Memorial Donations In Remembrance

William Breeden
Juanita Wininger
Bobby Mitchell

Donald Schoephorster
Kathryn Parham



also our sincere thanks to

Dr. Luke Mosemann
Medical Director

Dr. Daniel O'Brien
Physician Designee

Our Partners in 2016

Actais Pharmaceuticals
AFLAC - Dawn Newby
Atrusa Club - Bedford
American Heart Association
American Red Cross
American Stave Company
Anthem Blue Cross Blue Shield
Astra Zeneca
Becky's Place
Bedford Chamber of Commerce
Bedford Federal Savings Bank
Bedford Ford Lincoln Roesch
Bedford Office Supply
Bedford Police Department
Bedford Public Library
Bedford Urban Enterprise
Ben Franklin/Ace Hardware
Bloomington Meadows Hospital
Blue River Services - Orange & Washington Co. WIC
Blue River Wood Products
Bristol-Myers Squibb
Community Health Accreditation Program, Inc.
Cigna/Care Centrix
City of Bedford
City of Mitchell
Community Health Accreditation Program, Inc.
Compliance Concepts, Inc.
Coram
Crossroads Christian Church
Crowder's Health Care Pharmacy
Dare to Care Food Bank
Davies Community Hospital
Deyta
Duke Energy
Englewood Development Inc.
Federal Home Loan Bank - Indianapolis
Fifth Third Bank
Floyd Memorial Hospital
Forest Pharmaceuticals
General Motors Foundation
German American Bank
German American Insurance
Great Lakes Capital Fund
Harrison County Hospital
Healthcare Advancement Institute
Holmes Hardware
Hoosier Hills Credit Union
Home Medical Equipment
Humana ChoiceCare Network
IAEYC TEACH Scholarships
Ice Miller
Indiana Arts Commission
Indiana Association Home Care & Hospice
Indiana First Lady's Foundation
Indiana Limestone

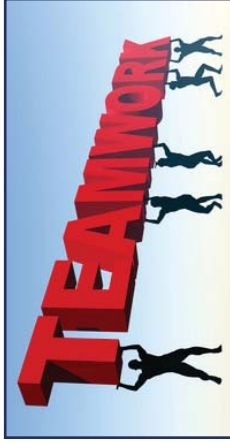
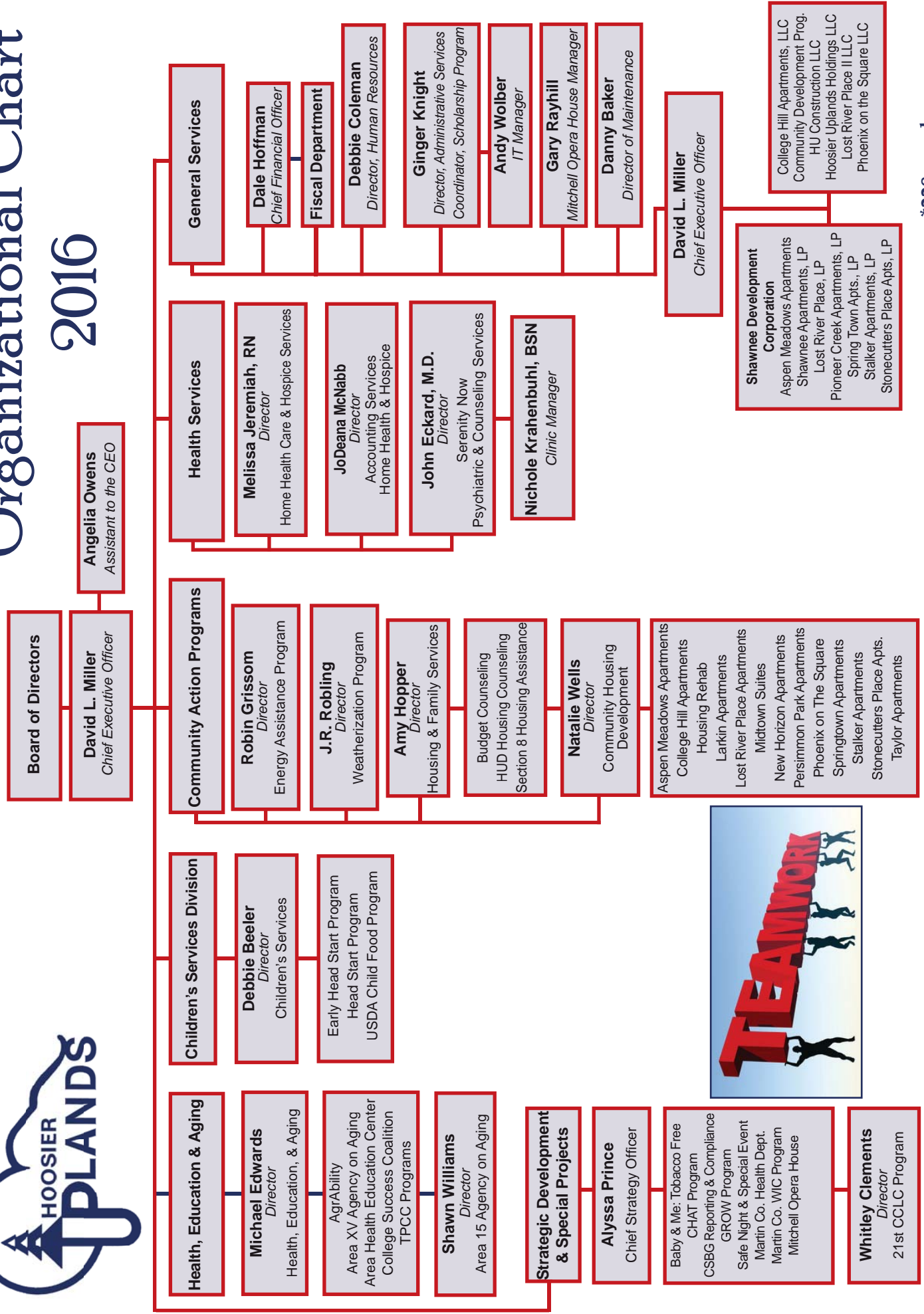
Integrity Healthcare Services, Inc.
IU Health Bedford Hospital
IU Health Paoli Hospital
Indiana University School of Medicine
Jackson County Bank
Janssen Pharmaceuticals
Joan Emery Prentiss Fund
Johnny's Signs
Jordan Cory
Judge Michael Robbins
Keach & Grove Real Estate
Kelly Chastain - McDowell, MA CCCA
Kovert Hawkins - Architects
Lawrence County Circuit Court
Lawrence County Community Foundation
Lawrence County Dept. of Corrections
Lawrence County Fair Board
Lawrence County Prosecutor's Office
Lawrence County Public Defender's Office
Lawrence County Sheriff's Office
Lawrence County Solid Waste District
Lawrence County Tourism Commission
Lehigh Cement Company
Lifetouch Photography
Lilly USA, LLC
Lions Club - Bedford, Salem, Georgetown
Local Coordinating Council
Loogootee Nursing Center
Lowe's of Bedford
Lundbeck Pharmaceuticals
Martin County Board of Health
Martin County Commissioners
Martin County SOAR
McDonald's - Mitchell
Merck Global Human Health
Memorial Hospital & Health Care Center
Mentor Network
Milestone Ventures Inc.
Military One Source
Mitchell Community Schools
Mitchell Manor
Mitchell Masonic Lodge
Mitchell Public Library
Mountjoy, Chilton and Medley LLP
Mulzer Foundation
NAHC
National Compliance Group
Netsmart
North Lawrence Community Schools
Old National Bank Foundation
OLJMG Joint Services
Orange County Commissioners
Orange County Community Foundation
Orleans Community Schools
Otsuka Pharmaceuticals
Paoli Chamber of Commerce

Paoli Health & Living
Peoplefirst Rehabilitation
Phillip Quinn
PNC Bank of Salem
Redemption Church
ReGenerations
ResCare
Salem Community Schools
Salem Crossing
Salem Leader
Schneck Medical Center
Shionogi Inc.
Shire Pharmaceuticals
Skilled Care of Indiana Pharmacy
South Central Special Ed. Co-op
Southern Hills Counseling Center - Paoli
Southern Indiana Center for Independent Living
Southern Indiana Health Operations/SIHO
Specialty Pharmacy Nursing Services
Springs Valley Bank & Trust
Springs Valley Community Schools
St. Vincent DePaul - Loogootee
St. Vincent Dunn Hospital
St. Vincent Salem Hospital
Stonebridge Campus
Sunovion Pharmaceuticals
Supernus Pharmaceuticals
Takeda Pharmaceuticals
The Mentor Network/TSI
The Times-Mail
Todd-Dickey Nursing & Rehab
Town of Paoli
Tri-Care Insurance
UAW Local 440
United HealthCare
USDA Bloomfield Office
USDA Jasper Office
Valeant Pharmaceuticals
Vectren Inc.
Vincennes University Nursing Program
WSLM
WUME
Walker Construction Associates
Walmart - Bedford
Walmart - Paoli
Washington County Commissioners
Washington County Community Foundation
WBIW/WQRK/WPHZ
West Washington Community Schools
WestGate@Crane Technology Park
Westview Nursing & Rehabilitation Center
WorkOne Bedford
Wyeth Pharmaceuticals

These businesses, organizations and individuals supported Hoosier Uplands with in-kind services, volunteer time, and/or cash donations in 2016.



Organizational Chart 2016



*228 employees

